

1. TREATMENT OVERVIEW

You have elected for a non-surgical enhancement using hyaluronic acid-based dermal fillers to address volume and contour concerns in the penile area. This treatment is elective and aimed at improving confidence and aesthetic appearance.

2. INFORMED CONSENT & EXPECTATIONS

Before your procedure, we will ensure you fully understand the benefits, risks, and outcomes. A thorough consultation has been conducted. As with all aesthetic treatments, individual results may vary.

3. AFTERCARE INSTRUCTIONS

- **Initial Recovery:** Mild swelling, tenderness, or bruising is normal and typically resolves within a few days.
- **Massage Guidance:** In the days following treatment, gentle massage of the area can help ensure even distribution. We will demonstrate a recommended technique if appropriate. However, do not over-massage, and avoid applying excessive pressure.
- **Follow-Up Communication:** We offer optional follow-up via WhatsApp. You may send updates, including pictures or videos, to monitor progress. This is optional, but can be helpful for peace of mind.
- **In-Person Review:** You are welcome to book an optional in-person review. We recommend a review 2-4 weeks after the treatment to ensure optimal results or discuss any refinements.

4. ADDITIONAL GUIDANCE

- Avoid strenuous activity or sexual intercourse for the period advised during your appointment (up to 2 weeks).
- If you notice any unusual symptoms (severe pain, infection signs, etc.), contact us immediately.
- Results are not permanent. We will discuss maintenance treatments if desired.

5. LEGAL & PROFESSIONAL STANDARDS

This procedure is performed by a qualified Registered Nurse within professional guidelines. All care is taken to ensure your safety and satisfaction. By proceeding, you acknowledge that you understand the elective nature of the procedure and the variability of outcomes.

6. CONTACT INFORMATION

Should you need any clarification, feel free to contact us via WhatsApp or arrange a review appointment.